



A Helping Hand
Home Care Services

A Helping Hand. A Caring Heart.

RETURN HOME SAFELY PROGRAM

Whether you are being discharged from the hospital or a rehabilitation facility, A Helping Hand Home Care Services can provide the help you need to get settled back at home. Our goal is to make your transition home as safe and as easy as possible.

ON YOUR DATE OF DISCHARGE, WE WILL:

- Meet you at the hospital or rehabilitation facility and help bring your belongings and equipment to the car
- Provide transportation and assistance home in a private car
- Help you get settled comfortably at home and unpack and put away your belongings
- Pick up prescriptions
- Go to the grocery store, put groceries away
- Check refrigerator for spoiled food
- Make the bed with clean linens, do a load of laundry, fold and put items away
- Prepare a meal

These tasks will take approximately 4 hours depending on the distance home and to the grocery store/pharmacy. The cost for these services can be as little as \$75.

- ***Services can be tailored to meet your needs and additional services, such as help with a bath or personal care, can be provided.***
- ***We can also provide ongoing services such as fall prevention, medication reminders, help with household tasks, driving to appointments, meal preparation and more. Charges are billed on an hourly basis.***

A Helping Hand Home Care Services is a fully insured, bonded, and licensed Home Care Agency providing non-medical in-home care. All companions/homemakers and nursing assistants are employees of the company with background checks, DOT record checks, worker's compensation insurance, and are supervised by management. We accept private pay and long-term care insurance. We are also contracted through the Office of Long-term Living and Adams County Office for Aging to provide services through the following waivers and programs – Attendant Care, Act 150, CommCare, Independence, OBRA, Aging and Options.

Let us help you plan an easy welcome home!

**A Helping Hand Home Care Services, LLC
Serving Adams and York Counties**

**Call today for your free in-home consultation!
717-698-8258**